目 今 T だ X ⑩ H8XEトピ^{WM}ware vSphere 5.0 with ESXi and vCenter Boot Camp

This powerful 5-day 10hr/day class is an intensive introduction to VMware vSphereTM 5 including VMware ESXTM 5 and vCenterTM. Assuming no prior virtualization experience, this class starts with the basics and rapidly progresses to advanced topics. 40+% of class time is devoted to labs so concepts, skills and best practices are developed and reinforced. Labs start with installation and configuration of stand-alone ESXi servers and progress to shared storage, networking and centralized management. The class continues to advanced topics including resource balancing, high availability, power management, back-up and recovery, performance, vCenter redundancy, VM redundancy. Disaster recovery, rapid deployment, hot migration and workload consolidation are also covered. This class is unique in its approach; which is to identify and eliminate common IT pain points and then to use virtualization to deliver clear, tangible benefits. Each topic is presented from the perspective of delivering key business value; not just the technical or mechanical aspects of the software. By the end of the class, attendees will have learned the benefits, skills, and best practices of virtualization. Attendees will be able to design, implement, deploy, configure, monitor, manage and troubleshoot VMware vSphere 5.0.

Course Objectives:

- Explain the many significant benefits of virtualization
- Install ESXi Server according to best practices
- Create virtual, distributed virtual and virtual to physical LAN segments
- Understand and use shared SAN storage including Fibre SAN, iSCSI SAN
- Define and use file share (NAS) datastores
- Install, configure and administer VMware vCenter
- Create virtual machines, install operating systems and applications
- Rapid deployment of VMs using golden-master templates
- Create clones one-time copies of virtual machine
- Perform VM cold migrations, hot migrations and Storage VMotion
- Configure, manage, monitor and secure users and groups
- Deploy and use VMware Data Recovery to back up and recover VMs
- Create and manager load balanced clusters
- Understand, create and manage high availability clusters to protect against VM service loss caused by ESXi server failures
- Configure and create VMs in Fault Tolerant mode for 100% VM uptime
- Understand how VMware and third party products, including operating systems are impacted by virtualization
- Deploy vCenter in Linked Mode for full management redundancy

Audience: System Architects, security specialists, analysts, back-up and storage administrators.

Prerequisites: Attendees should have user, operator or administrator experience on common operating systems such as Microsoft Windows®, LinuxTM, UNIXTM, etc. Experience installing, configuring and managing operating systems, storage systems and or networks is useful but not required. All attendees should have a basic familiarity with PC server hardware, disk partitioning, IP addressing, O/S installation, networking, etc.

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Number of Days: 5 days

1	Introduction to vSphere 5.0 VMware vSphere Problems and Opportunities Server Resource Utilization Server Consolidation		ESXi > Configuration User Groups, Host Roles Properties Sizing ESXi CPU, Memory, Storage, NICs
	Datacenter Issues	3	Virtual Networking
	OS, Application Imaging		Virtual Hardware
	Back Up & Recovery		Virtual and Physical Networking
	Server Refresh		ESXi Networking
	Hardware Maintenance		Project Plan
	High Windows OS Costs		vNetwork Switches
	MS Virtualization Calculator		Standard vSwitches
	Disaster Recovery		Distributed vSwitches
	Test, Development & QA		Physical and Virtual Networking
	IT Technical Career Benefits		Multi-homed Networking
	Virtualization Over Time		Port Groups
	VMware ESXi		vSwitch Properties
	vSphere Hardware Limits		Add Network Wizards
	Small Business Bundles		ESXi Physical NICs
	vRAM	_	vSwitch Rules
	VMware vCenter	4	NAS/NFS
	Single Host Deployment		Network Attached Storage / Network
	Multiple ESXi w. Shared Storage		File System
	vSphere Private Cloud		NAS Options
	Cloud Computing Storage, Service, Network Cloud		Network File System NAS/NFS Uses
	Storage, Server, Network Cloud		
	New Features in vSphere 5 VMSF and SSD		Defining NFS Shares on Linux NFS Share in Storage Roster
2	VMSF and SSD VMware ESXi 5.0		NAS/NFS Trade-offs
2	Scalable ESXi Deployment		Troubleshooting NFS
	Installing ESXi	5	Virtual Machines
	Hardware Virtualization Assist	5	Virtual Machines & Hardware
	ESXi 5.0		Creating Virtual Machines
	ESXi Configuration		Datastore Browser
	Configure Management Network		New Virtual Machine Wizard
	Select Management NIC(s)		Multicore vCPUs
	IP, DNS Configuration		VM Wizard Memory, Disk
	Custom DNS Suffixes		Snapshot Manager
	Network Changes and Test		Complete the Virtual Machine
	ESXi Ready for Service		Remote Console
	Security Warning		VMware Tools
	vSphere Client>ESXi Host		USXi 5.0 Supports USB



Windows Performance Tips Raw Device Map (RDM) Supported Guest OS **Microsoft Cluster Services** 6 vCenter 8 Permissions Central Management w. vCenter Permission Privileges, Roles, Users Introduction to vCenter **Determining Permissions** Licensed Add-On Features **Privilege Hierarchy** vCenter Deployment **Role Assignments** Supported Databases vCenter Users, Groups MS SQL Express View vCenter Base Permissions vCenter is a Management Proxy ESXi Users, Groups **Database Size Estimates** Permissions Install/Select Database 9 **Shared Storage** vCenter uses a Java VM Fibre Storage Area Networks vSphere Client Plug-ins World Wide Names Restart vCenter Hardware Paths Home View iSCSI **Organizing Inventory** LUN Discovery Options Folders in Datacenters **CHAP** Authentication Process VMs run on Clusters Troubleshooting iSCSI Storage Views Resource Maps vSphere Storage Appliance Licensing vCenter Power Management 10 **VMware File System** Power Mgt. uses Wake on LAN VMFS 5.0 Features **VM** Actions **Building a VMFS** Web Access New VMFS Create/Grow a LUN Span 7 **Templates**, Clones VM Rapid Deployment To Add an Extent Template Theory Grow Volumes **Template Benefits** Multipathing **Disk Formats iSCSI SAN Multipathing** Creating a New Template Pluggable Storage Architecture Clone a VM 11 Alarms Performance Alarms Clone a Template Windows VM Customization vCenter Alarms Non-Windows OS Customization ESXi Host Alarms Virtual Appliance / Pros and Cons Alarm Reporting Triggered vCenter Alarms Import/ Export Virtual Appliances Adding Virtual Hardware **Custom Alarms** All VMs Support Simple Changes **Alarm Best Practices** Hot Add Virtual Disk 12 **Host Profiles** Managing ESXi Host Configuration Hot Grow Disks Host Profiles 7.1 **Advanced Virtual Hardware** Edit, Review, Attach a Profile **VM** Customizations To Change vCPU Properties Perform Compliance Check Hotplug Hardware **Converting Virtual Disks**



13	Resource Management & Resource Pools		
	Resource Administration		
	CPU Resource Tunables		
	Dynamic Memory Balancing		
	Memory Resources Tunables		
	Shares		
	Expandable Reservations		
	Resource Pools		
	Memory/Storage Resource Allocations		
	Virtual Hardware Resources		
14	Second Chapter Title		
	VMware vCenter Converter		
	Clone & Update Disks		
	Converter Steps		
	Prepare for Conversion		
	Clone Physical Disk(s)		
	Copy & Resize Disk		
	Create the New Virtual Machine		
	VM Reconfiguration		
	New VM Housekeeping		
15	Data Recovery		
	VM Backup Challenge		
	Traditional Network Backup		
	Reduce Backup Stress		
	ESXi Configuration Back Up		
	Data Recovery		
	VMDR Web UI		
	Creating a Backup Job		
	Backup Reports		
16	VM Migration		
	Virtual Machine Migration		
	Cold Migration		
	VMotion Migration		
	VMotion Requirements		
	Progress is Monitored		
	VM is Descheduled		
	VM Context is Transferred		
	Switch Over		
	VM Scheduled to Run		
	Housekeeping Failed Validation		
	Compatibility Storage VMotion		
	Adopting DRS		

17 DRS

Distributed Resource Scheduler DRS Functions DRS Automation Level Migration Threshold Power Management EVC for Intel CPUs **EVC** Benefits DRS Groups Manager **Resource Management** Adopting DRS HA and DRS 17.1 **Power Management DRS** Power Management **Power Management Requirements** PM Powering Off /On an ESXi Host Configure ESXi for Power Mgt Power Standby **CPU** Power Management 18 **VMware HA** VMware High Availability Clusters HA VM Requirements VMware HA Host Failures HA Reserve Resources VM Monitoring HA Cluster Slots **ESXI** Console NIC Failure Maintenance Mode **Resolving HA Problems** HA and DRS 18.1 **VMWare FT** VMware Fault Tolerance FT Use Cases FT VM Requirements Enable FT on a VM FT Impact on VM Memory **Testing Fault Tolerance** VMware FT Recommendations 19 **Update Manager** VMware Update Manager Patch Management **VUM** Components Install, Enable & Configure VUM Patch Baselines Scan for Compliance **VUM & DRS Clusters**

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20 **Performance** Performance Analysis & Tuning ESXi CPU Usage Strategy Physical to Virtual CPU Memory Ballooning Ballooning vs. VMkernel Swap Performance Charts Monitoring Memory Stress Page Faults in Task Manager VM CPU, Memory Consumption 21 Linked Mode Sizing vCenter – CPU, RAM, Disk vCenter Windows Server Join a Windows Domain Isolated or Linked Mode Joining a Linked Mode Group **Authentication Best Practice** Troubleshooting Linked Mode **Cloning vCenter Servers** 22 **Advanced Networking** Advanced Virtual Networking Distributed vSwitches Building a New dvSwitch Physical Adapter Details Migrate VMs to dvPort Groups **DvSwitch Port Assignments** Management, VMkernel Ports Manage Physical/Virtual Adapters **DvSwitch Properties** Port Group Security **Traffic Shaping** NIC Team Settings Originating Port Forwarding **IP** Hash Forwarding Physical NIC Load Forwarding Active and Standby NICs Network Failure **Resilient Network Configuration** Standard vSwitch VLANs VLANs & VLAN Trunking **Private VLans**